Carotene Free Spring / Summer Term (Week 1)

All our kitchens operate under a Nut-free environment

MONDAY Southern style burger with wedges (V)	TUESDAY Cheese burger pasta and crusty bread roll (no carrot)	WEDNESDAY Chicken fillet with Yorkshire pudding and mash potatoes	THURSDAY Traditional breakfast	FRIDAY Fish fingers with chips of salmon fingers
Veggie pasta bolognaise with garlic bread (no carrots) (V)	Pizza pin wheel (V)		Vegetarian breakfast (V)	
Jacket potato with a choice of cheese (V), beans (VE)	Jacket potato with a choice of cheese (V), beans (VE) or tuna mayonnaise	Jacket potato with a choice of cheese (V), beans (VE) or tuna mayonnaise	Jacket potato with a choice of cheese (V), beans (VE)or tuna mayonnaise	Jacket potato with a choice of cheese (V), beans (VE) or tuna mayonnaise
Served with a choice of seasonal vegetables (no carrots) (VE)	Served with salad (no carrot) (VE)	Served with a choice of seasonal vegetables (no carrots) (VE)	Served with beans, tomatoes and mushrooms (VE)	Served with a choice o Peas or beans (VE)
Chefs choice of homemade bake (V)	Yoghurts and fruit (V)	Fruit and Jelly (V)	Raspberry bun (V)	Fruity Friday (VE) or Yoghurt (V)

Please be aware that we are unable to guarantee a completely allergen-free environment, as foods containing allergens are used in our kitchens

Weeks Commencing:

28th Apr / 19th May / 09th Jun/ 30th Jun / 21st Jul / 1st Sep / 22nd Sep / 13th Oct / 03rd Nov Available daily: Unlimited vegetables (VE)
Unlimited fresh water. Selection of fruit (VE).
Bread basket (V).

V indicates vegetarian and VE for vegan option













or

Carotene Free Spring / Summer Term (Week 2)

All our kitchens operation under a Nut-free environment

MONDAY

Homemade tomato pizza (V)

Jacket potato with a choice of cheese (V), beans (VE)

Served with salad (no carrot) (VE)

TUESDAY

Beef enchilada with golden vegetable rice (no carrot)

Classico mac and cheese with a cheesy breadcrumb top garlic bread (V)

Jacket potato with a choice of cheese (V), beans (VE) or tuna mayonnaise

Served with broccoli (VE)

WEDNESDAY

Sausage and Yorkshire pudding with mash potatoes

Quorn sausage and Yorkshire pudding with mash potatoes (V)

Jacket potato with a choice of cheese (V), beans (VE) or tuna mayonnaise

Served with a choice of seasonal vegetables (no carrrot) (VE)

THURSDAY

Chicken burger in a bun with tomato potatoes

Swedish vegetable meatballs with tomato potatoes (V)

Jacket potato with a choice of cheese (V), beans (VE) or tuna mayonnaise

Served with sweetcorn (VE)

FRIDAY

Harry Ramsdens fish and chips



Quorn sausage roll with chips (V)

Jacket potato with a choice of cheese (V), beans (VE) or tuna mayonnaise

Served with a choice of Peas or beans (VE)

Chefs choice of nomemade bake (V)

Honeywell biscuits (V)

Fruit Jelly (V)

Chocolate or strawberry mousse (

Fruity Friday (VE)



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Weeks Commencing:

5th May / 16th Jun / 7th Jul/ 08th Sep / 29th Sep / 20th Oct Available daily: Unlimited vegetables (VE)
Unlimited fresh water. Selection of fruit (VE).
Bread basket (V).

V indicates vegetarian and VE for vegan option













Carotene Free Spring / Summer Term (Week 3)

All our kitchens operation under a Nut-free environment

MONDAY	
MUNDAI	

Golden cheese and onion roll with mash (V)

Breezy beanzy cheesy topped pie (V)

Jacket potato with a choice of cheese (V), beans (VE) or tuna mayonnaise

Served with begns or sweetcorn (VE)

TUESDAY

Southern style chicken goujon wrap with golden rice (no carrot)

Jacket potato with a choice of cheese (V), beans (VE) or tuna mayonnaise

Served with salad (no carrot) (VE)

WEDNESDAY

Chicken parma with tomato spaghetti (no carrot)

Spaghetti in tomato sauce (no carrot) (V)

Jacket potato with a choice of cheese (V). beans (VE) or tuna mayonnaise

Served with a choice of seasonal vegetables or salad (no carrot) (VE)

THURSDAY

Hot dog with new potatoes

Quorn quarter pounder veggie burger with new potatoes (V)

Jacket potato with a choice of cheese (V), beans (VE) or tuna mayonnaise

Served with peas (VE)

FRIDAY

Fish fingers or salmon fingers and chips

Jacket potato with a choice of cheese (V), beans (VE) or tuna mayonnaise

Served with a choice of Peas or beans (VE)

Chefs choice of homemade bake (V) **Chocolate and beetroot** cake (V)

Fruit Jelly (V) or Yoghurt (V)

Yoghurts and Fruit (V)

Fruity Friday (VE) or Yoghurt (V

Please be aware that we are unable to guarantee a completely allergen-free environment, as foods containing allergens are used in our kitchens

Weeks Commencing:

12th May / 2nd Jun/ 23rd Jun / 14th Jul / 15th Sep / 06th Oct

Available daily: Unlimited vegetables (VE) Unlimited fresh water. Selection of fruit (VE). Bread basket (V).

V indicates vegetarian and VE for vegan option













