

# Well-Being at Summer Lane Primary School

## What we do:

### Physical Well-Being



- We provide sporting opportunities across all year groups
- Sports clubs at lunch times
- Regular PE lessons covering a range of skills and sports.
- Access to healthy snacks and lunches (F2-Y2)

### Mental Well-Being



- Key adults visible before, during and after school
- ELSA champion available to tackle key issues
- Access to outside services such as Branching Minds and Compass Be
- Restorative Practice.

### Social Well-Being



- Key adults visible and present
- ELSA to support friendships
- Regular check ins
- Adults available in unstructured times to solve friendship issues.

### Emotional Well-Being



- Key adults visible before, during and after school
- ELSA champion available to tackle key issues
- A relational behaviour policy rooted in Unconditional Positive Regard

## Key Well-Being Staff



**Mr McClure**  
Head of School



**Mrs Petty**  
Assistant  
Head of School



**Mrs Harrison**  
SENCo



**Mrs Jepson**  
Parent Support  
Advisor



**Miss Sadler**  
ELSA lead

