

# Weekly Bulletin

Autumn Term  
2025

07/11/25

Hello  
autumn



## PE Kit

## School Menu Autumn Term 2

### Monday

Southern style burger with diced potatoes  
Pizza pin wheel with diced potatoes  
Jacket potato

### Tuesday

Keema curry and rice with naan  
Tomato and cheese pasta bake  
Jacket potato

### Wednesday

Chicken fillet, yorkshire pudding and mash  
Mighty meatballs, yorkshire pudding and mash  
Jacket potato

### Thursday

Traditional all day breakfast  
Hearty breakfast  
Jacket potato

### Friday

Fish/salmon fingers with chips  
Golden cheese and onion roll with chips  
Jacket potato

Please remember to wear your PE kit to school on your PE day  
PE Kit is:

- Black shorts / athletic leggings / joggers or tracksuit bottoms
- Black sweatshirt or hoodie (this does not include the usual school uniform hoodies and tops but not sports branded tops with logos)
- Trainers or pumps

As per our policy, any pupils who arrive at school wearing clothing that is not part of our school uniform will be loaned an appropriate item from our uniform store to wear for that day.  
No jewellery is allowed other than small studs for earrings which should be able to be removed by pupils for PE.

## SCHOOL ATTENDANCE WHOLE SCHOOL: 95.49%

Nursery : 93.9%

Reception: 92.3%

Class 1: 90.4%

Class 2: 97.2%

Class 3: 99.6%

Class 4: 100%

Class 5: 99.2%

Class 6: 91.6%

Class 7: 94.6%

Class 8: 100%

Class 9: 96.1%

## Autumn Term 2

### Children in Need - Friday 14<sup>th</sup> November

To mark the occasion, children are invited to come to school wearing something yellow or non-uniform for a £1 donation to this fantastic cause.

As part of the day, all children will be taking part in a 25-minute sponsored Danceathon! We'll also be running a fun competition for the Best SPUD-SEY!

This is a brilliant opportunity for the children to get creative — simply grab a potato and turn it into your own Spud-sey masterpiece for example a potato Pudsey, potato blush or choose a favourite character from a book and give them a Pudsey twist, let your imaginations run wild!

### Free School Meals Coffee Morning

We are holding a coffee morning to support with free school meals applications. If you think that you might be eligible or need some help with the application please come and see us in the school hall on Friday 14<sup>th</sup> November from 9:30am.

### F2 Donations

As Christmas is fast approaching, some of you may be having a clear out before the children are inundated with new toys. You may also be clearing out your wardrobes.

If so, Foundation 2 are in need of the following:

\*Hats, scarves, handbags, purses, boots, coats and pretend wigs for role play.

\*Necklaces, bangles and belts.

\*Any small world toys- cars, diggers, construction vehicles, fire engines, play people, space toys, buses, aeroplanes, wooden play food, pirate ships, boats, sea animals, castles, dolls and fairies (we don't need any dinosaurs!).

Also, we don't need any dressing up costumes.

Thank you so much for your continued support!

### Ordering School Meals

We are aware that there is currently an issue with ordering school meals on the Arbor app. We will communicate once this has been resolved, in the meantime meals can be ordered with the class teacher each morning.

Thank you for your patience.

# SCHOOL CLUBS:

## Monday

KS2 Hockey 3.30pm - 4.30pm

## Tuesday

KS2 Football 3.30pm - 4.30pm

## Wednesday

KS2 Handball 3.30pm - 4.30pm

## Thursday

KS1 Multi-skills 3.20pm - 4.20pm

## Personal Development & RSE

*Respect and close positive relationships*

## Religious Education

*Question 1: Why are some places special?*

## Absence Reporting

When reporting your child's absence, please contact the school office at **01226 205363** and leave a recorded message on the absence line. Be sure to include your child's name, class, and the specific reason for their absence. We kindly remind parents that simply stating "not well" or "ill" is not enough. We need to know the specific illness your child is experiencing

## PE Days

### Monday:

Class 2  
Class 3

### Tuesday:

Class 5  
Class 4

### Wednesday:

Class 6  
Class 9

### Thursday:

Class 7  
Class 8

### Friday:

Class 1  
FS2  
Nursery

# KEY DATES

## Autumn Term 2

14.11.25 - Children in Need  
14.11.25 - Free School Meals Coffee Morning - 9.30am  
20.11.25 - Christmas Fair 3.30pm  
24.11.25 - INSET DAY  
25.11.25 - NSPCC Speak Out, Stay Safe  
26.11.25 - NSPCC Speak Out, Stay Safe  
10.12.25 - Christmas Lunch  
12.12.25 - Rock Steady Concert - 2pm (Rock Steady students only)  
15.12.25 - EYFS Singalong 10.30am (F1, F2)  
15.12.25 - KS1 Nativity 1pm (C1, C2, C3)  
15.12.25 - UKS2 Coffee & Carols 2.30pm (C7, C8, C9)  
16.12.25 - KS1 Nativity 9.30am (C1, C2, C3)  
17.12.25 - LKS2 Coffee & Carols 9.30am (C4, C5, C6)  
17.12.25 - LKS2 Coffee & Carols 1.30pm (C4, C5, C6)  
18.12.25 - UKS2 Coffee & Carols 9.30am (C7, C8, C9)  
19.12.25 - Class Christmas Parties  
19.12.25 - Break up for Christmas  
05.01.26 - Return to school

Please note - we will never take pupils out of school without informing you and gaining permission first. Children will be chosen for events and we try to ensure every pupil gets the invitation to attend at least one event over the course of the year. Please do not assume your child is attending the event just because it states their year group here. Thank you.

## This Weeks Assembly Focus:

High behaviour expectations when moving around school as part of our core values

## \*INSET DAYS\*

Monday 24<sup>th</sup> November 2025  
Friday 13<sup>th</sup> February 2026  
Friday 22<sup>nd</sup> May 2026  
Friday 3<sup>rd</sup> July 2026  
Monday 20<sup>th</sup> July 2026

## Follow us...

Ensure we always have your most up to date contact info on Arbor please

## Our Values

- Pride
- High Expectations
- Attitude
- Our new school rules:
  - Be Ready, Be Respectful,
  - Be Safe



# BARNSELEY METROPOLITAN BOROUGH COUNCIL

## SCHOOL CALENDAR FOR THE 2025-26 ACADEMIC YEAR

For community and voluntary controlled primary, secondary and special schools

September (22 Days)						
M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

October (18 Days)						
M	T	W	T	F	S	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

November (20 Days)						
M	T	W	T	F	S	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

December (15 Days)						
M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

January (20 days)						
M	T	W	T	F	S	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

February (15 days)						
M	T	W	T	F	S	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

March (20 Days)						
M	T	W	T	F	S	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

April (14 Days)						
M	T	W	T	F	S	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

May (15 Days)						
M	T	W	T	F	S	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

June (22 Days)						
M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

July (14 Days)						
M	T	W	T	F	S	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

August						
M	T	W	T	F	S	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						



Denotes Bank Holidays



Denotes School Holidays

195 days in total – including 5 days to be taken as professional development days for teaching staff



**Friday 14<sup>th</sup> November 2024**

**What we are doing !**



**Children to take part  
in a sponsored 25  
minute  
DANCE-ATHON !**

**Come to school in  
non-uniform or wear  
anything Yellow!**

**£1**



**Competition!**  
**CREATE YOUR  
OWN  
SPUDSEY!**





# FSM COFFEE MORNING



We are holding a coffee morning to support with Free School Meals Applications. If you think that you might be eligible or need some help with the application, please pop in to the school hall.

## FREE SCHOOL MEALS CRITERIA

- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Child Tax Credit with an annual income of less than £16,190, provided you are not receiving Working Tax Credit
- The 'guaranteed' element of the State Pension Credit
- Working Tax Credit run-on (paid for four weeks after you stop qualifying for Working Tax Credit)
- Universal Credit with an annual net earned income threshold of less than £7400
- Support under part six of the Immigration and Asylum Act 1999
- Your child may be entitled to a free school meal because of a benefit that they receive in their own right.

FRIDAY 14<sup>TH</sup> NOVEMBER 2025

START FROM 09:30AM

[APPLY HERE](#)



Premier League

# Kicks

FREE TO ATTEND

## FOOTBALL SESSIONS

FOR YOUNG PEOPLE AGED 8-19YRS

### MONDAY

**Dorothy Hyman, Cudworth, S72 8LH**

5-6pm (8-13 years)

6-7pm (14-19 years)

### WEDNESDAY

**BASE 71, Barnsley, S71 1DS**



**GOALS!**

5-6pm (11-16years) - GIRLS ONLY!

### THURSDAY

**Sives, Kendray, S70 3JR**



**GOALS!**

5pm-6pm (11-16 years)

### FRIDAY

**Netherwood Academy, S73 8FE**



**GOALS!**

5pm - 6pm (11-17 years)

**Astrea Dearne, Goldthorpe, S63 9EW**

6:30pm-7:30pm (8-19years) x2 pitches

Targeting young people in the local community, providing evening provision weekly, with a focus on engagement, and reducing anti-social behaviour.

Through the power of football and sport this initiative promotes social cohesion, well-being, and healthy lifestyles, with educational workshops on relevant topics and social action projects delivered throughout the year.



**BARNSELY FC  
COMMUNITY TRUST**

Email: [Jack.Stones@barnsleyfc.co.uk](mailto:Jack.Stones@barnsleyfc.co.uk) or contact us on 01226 211333 for further information.



Premier League  
Charitable Fund



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**POLICE**



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## Caring for Children's Smiles!

Winter is a season full of celebrations, and with it often comes an abundance of sweet treats for children. While enjoying these festive moments is important, it's equally vital to look after children's teeth during this time. Establishing good oral health habits from an early age is essential for their overall health and wellbeing.

### Keeping smiles healthy during Autumn & Winter



Even during the excitement of Halloween, Bonfire Night, Hanukkah and Christmas, keeping up with brushing routines is the best gift you can give your child's smile!

- ❖ Brush twice a day for 2 minutes once in the morning and again at night. Night-time brushing is especially important, as it clears away the day's plaque and food debris before sleep.
  - ❖ Spit out excess water after brushing but **do not** rinse with water, as this washes away the fluoride.
  - ❖ Children **up to age 7** should be supervised while brushing, why not make it fun and brush together to a toothbrushing song - [Sing along with The Toothbrush song from Hey Duggee - CBeebies](#)
  - ❖ Using a Fluoride toothpaste helps strengthen teeth and prevent tooth decay
- Did you know that Supermarkets own branded toothpastes can often be cheaper to buy than branded toothpaste, just check the ingredients and make sure it contains **fluoride**. More information can be found here: [NHS](#)
- ❖ All children are entitled to free fluoride varnish application, speak to your dentist about this.



#### Top tips during Autumn & Winter Celebrations

- ❖ Serve sugary snacks or drinks with meals during winter celebrations to help reduce the risk of tooth decay while still enjoying the festivities.
- ❖ Tooth-Friendly Trick-or-Treat Swaps such as stickers, stationary, or trinkets
- ❖ Create a themed toothbrushing chart such as Santa's smile tracker.
- ❖ Swap sugar treats for healthy alternatives like fruit, cheese or plain yogurt. Visit [Healthier Food Swaps](#) or download FREE [NHS Food Scanner app](#)
- ❖ Why not consider other alternatives to chocolate and sweet treats such as books, arts and crafts, bath bombs, puzzles.



#### Fun Fact...

Unlike bones, teeth can't repair themselves once enamel is damaged, it's gone for good.

Sugary treats and drinks can wear down enamel, especially when eaten often throughout the day.

You only get one set of teeth, so spread the word to look after them!

The Children and Young People's Public Health team have created a '[Oral Health Guide](#)' which is a lifelong guide to promoting good oral health habits and useful [resources](#). why not take a look

For more advice, visit the [NHS website](#) or speak to your dentist.

Newsletter created by the Children and Young People's Public Health Team





# Have you asked your dentist about fluoride varnish?



## What do you need to know?

Fluoride varnish is strongly recommended for all children and some adults who are at higher risk of tooth decay. NHS dental care, including fluoride varnish is **FREE** for all children and some adults.

### What happens?

A sticky gel is painted onto the teeth with a soft brush. It only takes minutes to apply and dries quickly.

### How does it work?

It helps to strengthen the hard surface of the tooth which helps to prevent tooth decay and the need for dental treatment such as fillings or extractions. It can also reduce tooth sensitivity.

### Why is it important?

Tooth decay can cause pain, infection, and other problems that affect our overall well-being. It's also one of the most common reasons for children to have to go to hospital for teeth to be removed.



### How do I get it?

Ask your dentist about fluoride varnish for you and your family. To find information about local dentists, visit:

The NHS website:  
[nhs.uk/find-a-dentist](https://nhs.uk/find-a-dentist)



For more advice about looking after teeth and gums, including information about who is eligible for **FREE** treatment, visit:

The Healthier Together  
webpage on oral health.  
[bit.ly/3BO2s8u](https://bit.ly/3BO2s8u)



South Yorkshire  
Integrated Care Board



**BARNSELY**  
Metropolitan Borough Council



# ONLINE SAFETY GUIDE

Helping families navigate the online world safely.

NOVEMBER 2025



This month, Anti-Bullying awareness week is the 10<sup>th</sup>-14<sup>th</sup> November. Studies in 2024 show that 67% of young people who experience cyberbullying report significant emotional distress, including anxiety, depression, and social withdrawal. Social media sites continue to be the leading platforms where cyberbullying takes place. Open conversations about what young people are accessing and experiencing online is vital to making sure young people who experience cyberbullying know they are not alone, there is help available to support them.

## UNDERSTANDING CYBERBULLYING

Cyberbullying is when someone uses technology, particularly the internet, to intentionally hurt, harm, or upset another person. It can happen through social media platforms, text messages, group chats, emails or even online games. As a parent/carer, it's important to understand that cyberbullying isn't just about online arguments or disagreements, it involves repeated, deliberate actions aimed at targeting and distressing someone. Cyberbullying can have a serious and long lasting impact on young peoples mental health and wellbeing.

### TOP TIPS

#### HEALTHY ONLINE HABITS...

Make talking about your child's life online a part of your daily conversations. The more you talk about the internet together, the more comfortable your child will be to come to you when they need support. Take an interest in the things they like online, what YouTuber they watch? which influencer do they like? Why? Does anyone or anything make them feel negative online?

### HELPING YOUR CHILD UNDERSTAND THE IMPACT OF CYBERBULLYING

The impacts of cyberbullying can be profound and long-lasting. When bullying takes place online it is often harder to escape, and can have both immediate and long-term consequences.

#### Talk to your child about;

- ✓ How to be respectful to peers online, what language to use and why that's important.
- ✓ Online Peer Pressure - why it is not ok to join in cyberbullying to fit in with peers.
- ✓ Sharing other peoples information without consent - sharing images of peers, personal information which will embarrass, humiliate them.
- ✓ Using group chats - isolating peers on purpose. How would that make them feel?
- ✓ Talk about the consequences of cyberbullying - mental health impact, social media rules and laws within the Online Safety Act.

### TOP TIPS

#### MANAGING TIME ONLINE

In our class workshops young people tell us often they are sometimes on technology, accessing the internet until early hours in the morning. It's crucial for parents/carers to support their child in managing their time online. Allowing children to access the internet or their phones late at night can expose them to several risks that affect both their physical and mental health, as well as their social well-being

- Establish rules for all devices, where can they use their device? What time can they use it till? Where are devices kept at night?
- Use parental controls and set time limits.
- Model healthy habits for your child to learn
- Support your child with a good night time routine.

#### ONLINE PEER PRESSURE

Young people can often feel forced to act or look a certain way because of what others do or expect on social media. It can often make people seek approval through likes or trying to fit in with online trends. It can often feel like there is no escape from online pressure. Help your child focus on their unique strengths and values, rather than seeking approval online. Encourage hobbies or activities that boost their confidence offline, like sports, music, or volunteering.

Young people don't always tell adults when they are experiencing cyberbullying, they might struggle to explain what is happening or be afraid it may get worse. It is vital they know they are not alone and support is available to help them. Share the below online support services with your child, so they are aware that they are there, if they ever need them.

